

	LVR DAILY SCHEDULED ACTIVITIES FOR 2023 - 2024						
<i>TIME</i>	<i>MONDAY</i>	<i>TUESDAY</i>	<i>WEDNESDAY</i>	<i>THURSDAY</i>	<i>FRIDAY</i>	<i>SATURDAY</i>	<i>SUNDAY</i>
7:00 AM	Walk Aerobics	Walk Aerobics	Walk Aerobics	Walk Aerobics	Walk Aerobics	LVR Ladies Mon. Golf <i>T-Time via e-mail</i> Wednesday LVR Ladies' Golf 9:00 am Thursday LVR Men's Golf 10:00 am Friday LVR Couples Golf see sign-up sheet in Library	
8:15	Walk Aerobics	Walk Aerobics	Walk Aerobics	Walk Aerobics	Walk Aerobics		
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8:30	Open Billiards	Open Billiards	Open Billiards	Open Billiards	Open Billiards		
9:15		Yoga					
9:30	LVR Office Open	LVR Office Open	LVR Office Open	LVR Office Open	LVR Office Open		
9:30-10:30	Water Aerobics	Water Aerobics	Water Aerobics	Water Aerobics	Water Aerobics		
10:00	New Beginners Line Dance Class Shuffleboard		Line Dance Class	Bible Study (Library) Shuffleboard	Line Dance Class	Adult Coloring	
10:30-11:30	Water Aerobics	Water Aerobics	Water Aerobics	Water Aerobics	Water Aerobics		
11:00				Painting Class			
11:30	LVR Office Close	LVR Office Close	LVR Office Close	LVR Office Close	LVR Office Close		
11:30-12:30			Ladies Billiards		Ladies Billiards		
1:00	Dirty Sevens	Bunco			Pokeno Chess Club		Yahoo
2:00	Water Volleyball		Water Volleyball				
Game Night	Mens & Ladies Poker 6:00	Farkle 6:00	Hand, Knee and Foot 6:00	Texas Hold'em 6:30			