

|                    | <b>LVR DAILY SCHEDULED ACTIVITIES FOR 2024 - 2025</b>      |                         |                                         |                                                   |                              |                                                                                                                                                                                                                                              |                          |
|--------------------|------------------------------------------------------------|-------------------------|-----------------------------------------|---------------------------------------------------|------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------|
| <i>TIME</i>        | <i>MONDAY</i>                                              | <i>TUESDAY</i>          | <i>WEDNESDAY</i>                        | <i>THURSDAY</i>                                   | <i>FRIDAY</i>                | <i>SATURDAY</i>                                                                                                                                                                                                                              | <i>SUNDAY</i>            |
| <b>7-9:30 AM</b>   | <b>Pickleball</b>                                          | <b>Pickleball</b>       | <b>Pickleball</b>                       | <b>Pickleball</b>                                 | <b>Pickleball</b>            |                                                                                                                                                                                                                                              |                          |
| <b>7:00 AM</b>     | <b>Walk Aerobics</b>                                       | <b>Walk Aerobics</b>    | <b>Walk Aerobics</b>                    | <b>Walk Aerobics</b>                              | <b>Walk Aerobics</b>         | <b>LVR Ladies Mon. Golf</b><br><i>T-Time via e-mail</i><br><br>Wednesday<br><b>LVR Ladies' Golf</b><br>9:00 am<br><br>Thursday<br><b>LVR Men's Golf</b><br>10:00 am<br><br>Friday<br><b>LVR Couples Golf</b> see<br>sign-up sheet in Library |                          |
| <b>8:15</b>        | <b>Walk Aerobics</b>                                       | <b>Walk Aerobics</b>    | <b>Walk Aerobics</b>                    | <b>Walk Aerobics</b>                              | <b>Walk Aerobics</b>         |                                                                                                                                                                                                                                              |                          |
| <b>↓</b>           |                                                            |                         |                                         | (except when breakfast)                           |                              |                                                                                                                                                                                                                                              |                          |
| <b>8:30</b>        | <b>Open Billiards</b>                                      | <b>Open Billiards</b>   | <b>Open Billiards</b>                   | <b>Open Billiards</b>                             | <b>Open Billiards</b>        |                                                                                                                                                                                                                                              |                          |
| <b>9:15</b>        |                                                            | <b>Yoga</b>             |                                         |                                                   |                              |                                                                                                                                                                                                                                              |                          |
| <b>9:30</b>        | <b>LVR Office Open</b>                                     | <b>LVR Office Open</b>  | <b>LVR Office Open</b>                  | <b>LVR Office Open</b>                            | <b>LVR Office Open</b>       |                                                                                                                                                                                                                                              |                          |
| <b>9:30-10:30</b>  | <b>Water Aerobics</b>                                      | <b>Water Aerobics</b>   | <b>Water Aerobics</b>                   | <b>Water Aerobics</b>                             | <b>Water Aerobics</b>        |                                                                                                                                                                                                                                              |                          |
| <b>10:00</b>       | <b>New Beginners<br/>Line Dance Class<br/>Shuffleboard</b> |                         | <b>Line Dance Class</b>                 | <b>Bible Study<br/>(Library)<br/>Shuffleboard</b> | <b>Line Dance Class</b>      | <b>Adult Coloring</b>                                                                                                                                                                                                                        |                          |
| <b>10:30-11:30</b> | <b>Water Aerobics</b>                                      | <b>Water Aerobics</b>   | <b>Water Aerobics</b>                   | <b>Water Aerobics</b>                             | <b>Water Aerobics</b>        |                                                                                                                                                                                                                                              |                          |
| <b>11:00</b>       |                                                            |                         |                                         | <b>Painting Class</b>                             |                              |                                                                                                                                                                                                                                              |                          |
| <b>11:30</b>       | <b>LVR Office Close</b>                                    | <b>LVR Office Close</b> | <b>LVR Office Close</b>                 | <b>LVR Office Close</b>                           | <b>LVR Office Close</b>      |                                                                                                                                                                                                                                              |                          |
| <b>1:00</b>        | <b>Dirty Sevens<br/>Water Volleyball</b>                   | <b>Bunco</b>            | <b>Water Volleyball</b>                 |                                                   | <b>Pokeno<br/>Chess Club</b> |                                                                                                                                                                                                                                              | <b>Yahoo</b>             |
| <b>1:30-3:00</b>   | <b>Ladies Billiards</b>                                    | <b>Ladies Billiards</b> | <b>Ladies Billiards</b>                 | <b>Ladies Billiards</b>                           | <b>Ladies Billiards</b>      |                                                                                                                                                                                                                                              |                          |
| <b>2:30-4:30</b>   |                                                            |                         |                                         |                                                   |                              |                                                                                                                                                                                                                                              | <b>Pegs &amp; Jokers</b> |
| <b>Game Night</b>  | <b>Mens &amp; Ladies Poker<br/>6:00</b>                    | <b>Farkle<br/>6:00</b>  | <b>Hand, Knee and<br/>Foot<br/>6:00</b> | <b>Texas Hold'em<br/>6:30</b>                     |                              |                                                                                                                                                                                                                                              |                          |